



Westbourne
House School
CHICHESTER

Lunch Menu

Monday

butchers best Cumberland
sausages or
vegetarian sausages (v)
with gravy
*
mashed potatoes
baked beans
garden peas
*
pasta with tomato sauce (v)
*
oaty apple & caramel
crumble with custard

Tuesday

chicken breasts with barbeque
sauce & cheddar cheese
*
quorn fillet with barbeque
sauce & cheddar cheese (v)
*
sliced new potatoes
mixed green vegetables
*
nut free pasta pesto with
toasted pumpkin &
sunflower seeds (v)
*
jelly

Wednesday

bolognese
*
vegetarian bolognese (v)
*
boiled long grain rice
guacamole
tortilla chips
soured cream
*
pasta carbonara with bacon
*
fruit & yoghurt

Thursday

roast turkey
served with pan gravy
*
meatless steak with
vegetarian gravy (v)
*
steamed broccoli
crispy roasted potatoes
*
pasta in roasted
red pepper sauce (v)
*
chocolate and brioche
bread & butter pudding

Friday

breaded and fried,
whole chicken breast fillet
'nuggets'
*
mock chicken fillet
'nuggets' (v)
*
French fries
petit pois
baked beans
*
pasta with tomato sauce (v)
*
lemon drizzle cake

Everyday Delights....

A range of fresh tasty salads

Baked potatoes and sweet potatoes available daily with hot and cold toppings

Yoghurt, chilled desserts and freshly cut fruit served daily

SESAME AND NUT FREE MENU