

Lunch Menu



Westbourne
House School
CHICHESTER

Monday

mild chicken korma
with coconut milk
*

mild vegetable korma (v)
*

basmati rice
vegetable samosas
mini popadums
*

pasta with tomato sauce and
nut free pesto (v)
*

vanilla rice pudding

Tuesday

chicken thighs in a sage &
thyme marinade with
mushroom sauce
*

caramelised red onion tartlets
with goat's cheese
and toasted seeds (v)
*

steamed new potatoes
steamed broccoli
*

pasta with cheesy white
sauce & smokey bacon
lardons
*

sticky toffee pudding with
toffee sauce

Wednesday

beef lasagne with rich
tomato bolognese & a crispy
cheese topping
*

peaa, mint & feta risotto with
fresh parmesan & butter with
a parmesan tuille (v)
*

garlic bread
petit pois & sweetcorn
*

pasta in a butter sauce with
toasted sunflower
& pumpkin seeds (v)
*

Teresa's special chocolate
brownie

Thursday

roasted loin of pork with
crackling, pan gravy
& apple sauce
*

loaded mini naan bread with
onion bhaji, curried
cauliflower, raita dressing &
fresh corriander (v)
*

mixed vegetables
crispy roasted potatoes
*

pasta with
bolognese sauce
*

treacle sponge & custard

Friday

fish fingers with tartar sauce
and lemon wedges
*

arancini with spicy tomato
sauce and fresh parmesan (v)
*

French fries
petit pois
baked beans
*

pasta with roasted red
pepper sauce (v)
*

angel delight

Everyday Delights....

A range of fresh tasty salads

Baked potatoes and sweet potatoes available daily with hot and cold toppings

Yoghurt, chilled desserts and freshly cut fruit served daily

SESAME AND NUT FREE MENU