



Lunch Menu

Monday

mild chicken korma curry
with coconut milk
*
mild vegetable korma
*
basmati rice
mini popadums
vegetable samosas
*
pasta with tomato sauce and
nut free pesto (v)
*
vanilla rice pudding

Tuesday

chicken thighs in a
mushroom sauce
*
cheese & onion frittata (v)
*
steamed new potatoes
steamed broccoli
*
pasta with cheesy white
sauce & smokey bacon
lardons
*
sticky toffee pudding with
toffee sauce

Wednesday

beef lasagne with rich
tomato bolognese & a crispy
cheese topping
*
pasta with tomato sauce (v)
*
garlic bread
petit pois & sweetcorn
*
pasta in a butter sauce with
toasted sunflower & pumpkin
seeds
*
fruit & yoghurt

Thursday

roasted loin of pork with
crackling, pan gravy & apple
sauce
*
quorn fillet with
vegetarian gravy (v)
*
mixed vegetables
crispy roasted potatoes
*
pasta with
bolognese sauce
*
treacle sponge & custard

Friday

whole fish, fish fingers with
tartar sauce and
lemon wedges
*
fishless fish fingers with
tartar sauce and
lemon wedges (v)
*
French fries
petit pois
baked beans
*
pasta with roasted red
pepper sauce (v)
*
angel delight

Everyday Delights....

A range of fresh tasty salads
Baked potatoes and sweet potatoes available daily with hot and cold toppings
Yoghurt, chilled desserts and freshly cut fruit served daily

SESAME AND NUT FREE MENU