

# Lunch Menu



Westbourne  
House School  
CHICHESTER

## Monday

spaghetti bolognese  
\*  
cheese omlettes with  
fresh herbs (v)  
\*  
garlic bread,  
peas & sweetcorn  
\*  
pasta with roasted red  
pepper sauce (v)  
\*  
apple sponge with custard

## Tuesday

katsu chicken with toasted  
breadcrumbs & crispy onions  
\*  
aubergine, sweet potato &  
butternut katsu curry (v)  
\*  
jasmine rice,  
prawn crackers  
\*  
pasta in tomato sauce (v)  
\*  
chocolate & marshmallow  
rice krispie cake

## Wednesday

cottage pie with minced beef,  
topped with creamy  
mashed potato  
\*  
borlotti & butter bean stew (v)  
\*  
creamy mashed potato,  
sugar snap peas  
\*  
nut free pesto pasta (v)  
\*  
vanilla iced sponge

## Thursday

hand sliced honey & grain  
mustard baked gammon  
\*  
poached eggs, grilled  
halloumi & smashed  
avocado with chilli, tomato &  
pea shoots (v)  
\*  
crispy roast potatoes  
with thyme,  
steamed broccoli  
\*  
pasta bolognese  
\*  
spotted dog with chocolate  
& chocolate sauce

## Friday

sustainable fish fillet  
in batter with tartar sauce &  
lemon wedges  
\*  
roasted butternut squash &  
sweet potato gnocchi in toma-  
to sauce (v)  
\*  
skinny French fries,  
petit pois,  
baked beans  
\*  
pasta with chicken in  
white sauce with  
fresh herbs  
\*  
raspberry & white chocolate  
tray bake

## Everyday Delights....

Range of fresh tasty salads  
Baked potatoes and sweet potatoes available daily with hot and cold toppings  
Yoghurt, chilled desserts and whole and freshly cut fruit served daily

**NUT AND SESAME FREE MENU**