



Westbourne  
House School  
CHICHESTER

# Lunch Menu

## Monday

spaghetti bolognese  
with garlic bread,  
peas & sweetcorn  
\*

vegetarian bolognese  
with garlic bread,  
peas & sweetcorn  
\*

apple sponge  
with custard

## Tuesday

chicken in toasted  
breadcrumbs with katsu  
sauce (on the side) and  
jasmine rice  
\*

quorn fillet in toasted  
breadcrumbs with  
katsu sauce (on the  
side) and jasmine rice  
\*

chocolate &  
marshmallow  
shortbread

## Wednesday

minced beef cottage  
pie topped with creamy  
mashed potato  
\*

jacket potato with  
cheese  
\*

green beans,  
sugar snap peas  
\*

fruit & yoghurt

## Thursday

hand sliced gammon  
with gravy  
\*

meatless steak with  
vegetarian gravy  
\*

crispy roast potatoes  
steamed broccoli  
\*

spotted dog with  
chocolate & chocolate  
sauce

## Friday

sustainable fish fillet  
in batter with tartar  
sauce & lemon wedges  
\*

fishless fillet  
in batter with tartar  
sauce & lemon wedges  
\*

skinny French fries  
petit pois  
baked beans  
\*

raspberry & white  
chocolate tray bake

## Everyday Delights....

Range of fresh tasty salads  
Baked potatoes and sweet potatoes available daily with hot and cold toppings  
Yoghurt, chilled desserts and whole and freshly cut fruit served daily

**NUT AND SESAME FREE MENU**