

Supper Menu



Westbourne
House School
CHICHESTER

Monday

WHS Chicken
chicken thighs marinated,
coated & delicious!

*

pasta spirals with
carbonara sauce (v)

*

saute broccoli with
sunflower seeds

*

fresh vegetables and
salad bar

*

homemade yoghurt
with toppings

Tuesday

Chinese Evening
sweet & sour chicken
crispy beef in sweet chilli
sauce

breaded prawns
spare ribs

*

stir fried vegetables
noodles
egg fried rice

prawn crackers (v)

*

fresh vegetables and
salad bar

*

homemade yoghurt
with toppings

Wednesday

Pizza Night
stone baked bases with
mozzarella cheese and a
variety of toppings

*

garlic bread
grated cheeses

*

fresh vegetables and
salad bar

*

homemade yoghurt
with toppings

Thursday

mac 'n' cheese night
one with bacon,
one without

*

fresh vegetables and
salad bar

*

homemade yoghurt
with toppings

Friday

glazed, slow cooked
pork belly with roast
tenderstem broccoli

*

aubergine & butternut
squash casserole

*

Thai jasmine rice
stir fried vegetables

*

salad bar

*

homemade yoghurt
with toppings